

goodies & gadgets

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Improve Your Overall Sense of Well-being with Phenyl Core



Infinite Labs takes a unique approach to address the most critical issue in the battle to lose weight: the brain. The end result is a unique product called Phenyl Core. The leading ingredient has been suggested to have a positive effect on the Limbic System, which controls our basic emotions and desires, such as hunger, sleep, happiness, sadness, and sex. So, while it provides endless energy, curbs untimely hunger, amplifies the metabolic rate, and targets stubborn fat tissue, it's also working to assist your feelings of empowerment and improve your overall sense of well-being. Best of all, it's only about \$27 for 100 caps. Use your brain and visit www.InfiniteLabsOnline.com.

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All-in-One Yoga



The My Yoga 2 Go practice system combines the flexibility of working out at home, the versatility of a yoga class and the hands-on guidance of an experienced yoga instructor all-in-one yoga practice system. The practice system includes more than 70 yoga posture cards, a display tote/carrying case and seven different yoga sequences ranging from 30 minutes to an hour in length. It's simple. Choose your sequence, pull the corresponding cards for that sequence and insert them in to the pockets of the tote, hang on a wall, stay connected to the pose, in the breath and in the moment! Available for \$29.95 at www.MyYoga2Go.com.



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Ditch Your Foundation!



Women of all skin types, flaunt your face this spring! Just like fitness is exercise for the body, regular use of Paul Penders Intensive Clarifying Therapy (ICT) acts as an aid to skin fitness - with superb results. It contains an exclusive blend of minerals and organic-grown herbs, sourced from the oldest rainforest in the world. This totally unique system produces fresh oxygen to clarify skin while improving elasticity, reducing fine lines and wrinkles, and increasing moisture levels. For the freshest, most active therapy possible, each box contains two individual components that need to be mixed together before use. The result is a visibly softer, smoother and clearer complexion. No wonder professionals from around the world claim that ICT is the only perfect remedy to essential skincare for all skin types. Learn more at www.PaulPenders.com and purchase eight to 12 treatments for \$76.50.